

## **Professor Ester Cerin**

Honorary Professor, School of Public Health, The University of Hong Kong

With a background in psychology and statistics, Ester Cerin is a professor and leader of the Behaviour, Environment and Cognition research program at the Mary MacKillop Institute for Health Research of the Australian Catholic University in Melbourne. Her research focuses on environmental and psychosocial determinants of health and related behaviours (e.g., physical activity) across different geographical contexts. She is the President of the International Society of Behavioral Nutrition and Physical Activity and co-founder of the International Cognitive Health and the Environment Network. She has held senior editorial positions for several journals, including the *International Journal of Behavioral Nutrition and Physical Activity* (IJBNPA) and *Health & Place*. She has published over 310 scientific articles that have been cited >56,000 times. She joined HKU in 2006 as a Research Assistant Professor, where she helped establish a research program on the built environment and health. Over all these years, she has been studying the effects of the neighbourhood environment on Hong Kong residents' health. This includes the ongoing international Mind, Activities and urban Places (iMAP) study investigating how urban environments influence brain and cognitive health via lifestyle behaviours in mid-aged and older adults in three cities (Melbourne, Barcelona and Hong Kong) across three continents (Australia, Spain and China).

## **施綺芸教授**

香港大學公共衛生學院名譽教授

施綺芸教授（Professor Ester Cerin）擁心理學和統計學背景，是澳洲天主教大學（墨爾本）Mary Mackillop 健康研究所的教授，並領導行為、環境與認知研究項目。她的研究重點是人類於不同地理環境下，其健康和相關行為（如身體活動）的環境和社會心理決定因素。她是國際行為營養與身體活動學會（ISBNPA）主席，也是「國際認知健康及環境網絡」（ICHEN）的聯合創辦人。她曾在《國際行為營養與身體活動期刊》（IJBNPA）和《健康與地方》（Health & Place）等多家國際學術期刊擔任高級編輯職務。她發表了逾 310 篇科學論文，被引用超過 56,000 次。她於 2006 年加入香港大學，擔任助理教授（研究），協助建立有關建築環境與健康的研究計劃。多年來，她一直致力於研究鄰近地區環境對香港居民健康的影響。其中包括正在進行的 iMAP 國際研究，調查三大洲（澳洲、西班牙和中國）三個城市（墨爾本、巴塞隆拿和香港）的城市環境如何通過生活方式行為影響中老年人的大腦和認知健康。