



香港大學

THE UNIVERSITY OF HONG KONG

Professor Ester CERIN

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Honorary Professor of Public Health

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Professor Ester Cerin is a behavioural scientist and statistician. Her research interest focuses on environmental and psychosocial determinants of lifestyle behaviours and health across the lifespan. In the last 15 years, she has substantially contributed to the development of research on urban environments and health in Hong Kong and internationally. Professor Cerin leads the MMIHR's Behaviour, Environment and Cognition Research Programme with intersecting interests in environmental exposures, lifestyle behaviours and cognitive and mental health. She is co-founder of the International Cognitive Health and the Environment Network (ICHEN) and principal investigator of a multi-country study on environmental and lifestyle determinants of brain and cognitive health. Her work seeks to inform urban planning, transportation and public health policies for the creation of age-friendly healthy urban communities.

施綺芸教授

理學士（心理學）

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博士（英國諾丁漢特倫特大學）

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行為、環境及認知項目主管

施綺芸教授是一名行為科學家及統計學家，致力研究在人生各階段影響生活習慣及健康的環境及心理因素。過去 15 年，施教授在城市環境及健康方面的工作，對香港及世界各地的相關研究發展作出深遠貢獻。她在 Mary MacKillop 健康研究所領導行為、環境及認知研究項目，研究環境、生活習慣、認知健康及精神健康的相互關係。施教授是「國際認知健康及環境網絡」（International Cognitive Health and the Environment Network）的聯合創辦人，並於跨國研究擔任首席研究員，研究影響大腦及認知健康的環境及生活因素。施教授的研究旨在為城市規劃、交通及公共衛生政策提供資料，以建設長者及年齡友善的健康社區。