Zürich meets Hong Kong

Mike Martin:
Mike Martin is Professor of Gerontopsychology, Director of the Gerontology Competence Center, and Managing Director of the Dynamics of Healthy Aging University Research Priority Program (URPP) at the University of Zurich. The URPP is investigating the basis for preserving health and quality of life into very old age. The research group headed by Mike Martin was involved in formulating the Healthy Aging concept that found its way into the World Health Organization’s 2015 World Report on Aging and Health (2015). The concept represents a paradigm change in that it focuses on the skills and capabilities of elderly people rather than the symptoms of disease.

Cooperation with Hong Kong
Since 2015 Mike Martin has been collaborating with the University of Hong Kong, particularly Professor Terry Lum, director of the university’s Department of Social Work and Social Administration and an expert on, among other things, long-term care and aging policy. Both Mike Martin and Terry Lum are members of the WHO’s Working Group on Metrics and Research Standards for Healthy Aging. They’re currently working together to plan a study to develop a new approach to health metrics that is to become the international standard.

“Hong Kong leads Asia in terms of research into aging, which makes it a very interesting partner for us,” explains Mike Martin. One interesting aspect is comparative studies where data are gathered on health-related activities in the daily routines of old people.

Mike Martin and Terry Lum are also planning to step up the exchange of researchers between the University of Zurich and the University of Hong Kong. For example a former member of Terry Lum’s staff, Minxia Luo, is currently working as a doctoral candidate under Mike Martin’s professorship.

Zürich meets Hong Kong
Mike Martin and Terry Lum will be holding a joint workshop as part of Zürich meets Hong Kong.

Working together towards the WHO Decade of Healthy Aging 2020–2030
Public podium discussion (9.30am-12.30pm, 25 October 2017)

Mike Martin will be in Hong Kong on 24 and 25 October for the Zürich meets Hong Kong event, and will be available for interviews.
Contact
Mike Martin
m.martin@psychologie.uzh.ch
Phone +41 44 635 74 10

Beat Müller
Head of Media Relations
University of Zurich
Phone: +41 079 536 66 00
E-mail: beat.mueller@kommunikation.uzh.ch

Links:
Mike Martin

Dynamics of Healthy Aging University Research Priority Program (URPP)
http://www.dynage.uzh.ch/en.html

Minxia Luo (doctoral candidate with Professor Mike Martin)

Terry Lum
http://www.socialwork.hku.hk/profile/index.php?tid=UFdhb2FhYWFhYWFWFkYWFWFhYWFWFhYWWihhYXZhYWFWXRhYW8=

Department of Social Work and Social Administration (University of Hong Kong)
http://www.socialwork.hku.hk/

World Report on Aging and Health (WHO, 2015)