

“Seeing the Invisible” program pilot study in 2016

Table 1. Change of Parents’ Holistic Wellbeing after attending the Pilot Program^a

	Before Intervention	After Intervention	
Non attachment	30.68	34.44	Significant Improvement
Afflictive emotion	26.80	23.84	Significant Improvement
Afflictive sensation	25.32	23.24	Significant Improvement
Afflictive ideation	12.88	11.76	
Mindful awareness	28.44	29.24	
General vitality	23.60	25.72	Significant Improvement
Spiritual self-care	19.12	19.92	

^a Captured by Holistic Wellbeing Scale

Table 2. Change of Children’s Quality of Life (by Domain) after attending the Pilot Program^b

	Before Intervention	After Intervention	
Symptoms and Feelings	2.72/6	2.40/6	
Leisure	3.96/9	3.16/9	Significant Improvement
School or Holidays	1.16/3	0.96/3	
Personal relationships	1.60/6	1.32/6	
Sleep	1.60/3	1.36/3	
Treatment	1.80/3	1.40/3	Significant Improvement

^b Captured by Children's Dermatology Life Quality Index