

Dr. Cindy CHIU Pui Yu

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Dr Chiu is currently Clinical Assistant Professor at the Department of Psychiatry, University of Hong Kong. A research clinician of the Psychotic disorders Study and Intervention (PSI) program at the University of Hong Kong, she has been involved in many research projects regarding psychotic disorders including longitudinal studies of the early course of psychotic disorders such as the First Episode Psychosis Study (FEP), First Episode Schizophrenia Study (FES), and in a international collaboration (IPSOS) the pathway to care for people with psychotic disorders. The question of relapse and maintenance treatment was addressed by the Relapse Prevention Study (RPS), while the Historical Control Study (HCS) evaluated the Early Assessment Service for Young People (EASY) against standard care in terms of clinical outcome and service utilisation. She is also active in projects on stigma, metabolic side effects of antipsychotics, medication adherence, group-work for carers, recovery, violence in psychosis. Her work on paternal age effect on the early outcome of schizophrenia suggested poorer prognosis for those with higher paternal ages, and it is hoped that further extended study of these patients will shed more light on other prognostic outcomes.

Academic Qualifications

2007	FHKCPsych, FHKAM(Psychiatry)
2003	MRCPsych (UK)
1999	MB; BS (HK)

Current Positions

2008 – present	Clinical Assistant Professor, University of Hong Kong
2008 – present	Honorary Associate Consultant, Dept of Psychiatry, Queen Mary Hospital
2008 – present	Honorary Associate Consultant, Dept of Psychiatry, Pamela Youde Nethersole Eastern Hospital

Visiting Fellowship

2004	Junior Visiting Scholar, Department of Psychiatry, Cambridge University, Cambridge, UK
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Publications

1. Hui C.L.M., Wong G.H.Y., Chiu C.P.Y., Lam M.L.M. and Chen E.Y.H. Potential Endophenotype for Schizophrenia: Neurological Soft Signs, *Annals Academy of Medicine*, 2009, 38, 408-413

2. Chiu C.P.Y. and Chen E.Y.H. Metabolic effects of atypical antipsychotics - implications on weight gain and glucose and lipid metabolism, *Medical Progress*, 2009, 36 (3), 109-113
3. Chua S.E., Deng Y., Chen E.Y.H., Law C.W., Chiu C.P.Y., Cheung C., Wong J.C.H., Lienenkaemper N., Cheung V., Suckling J. and McAlonan G.M. Early striatal hypertrophy in first-episode psychosis within 3 weeks of initiating antipsychotic drug treatment, *Psychological Medicine*, 2009, 39, 793-800
4. Ng R.M.K., Pearson V.J., Lam M., Law C.W., Chiu C.P.Y. and Chen E.Y.H. What Does Recovery From Schizophrenia Mean? Perceptions of Long-Term Patients, *International Journal of Social Psychiatry*, 2008, 54, 118-130
5. Chua S.E., Deng Y., Chen E.Y.H., Law C.W., Chiu C.P.Y., Cheung C., Wong J.C.H., Lienenkaemper N., Cheung V., Suckling J. and McAlonan G.M. Early striatal hypertrophy in first-episode psychosis within three weeks of initiating antipsychotic drug treatment, *Psychological Medicine*, 2008, 1-8
6. Wong G.H.Y., Hui C.L.M., Chiu C.P.Y., Lam M.L.M., Chung D.W.S., Tso S., Chan K., Yip K.C., Hung S.F. and Chen E.Y.H. Early Detection and intervention of psychosis in Hong Kong: experience of a population-based intervention programme, *Clinical Neuropsychiatry*, 2008, 5 (6), 286-289
7. Chen E.Y.H., Wong G.H.Y., Lam M.L.M., Chiu C.P.Y. and Hui C.L.M. Real-world implementation of early intervention in psychosis: resources, funding models and evidence-based practice, *World Psychiatry*, 2008, 7 (3), 163-4
8. Chiu C.P.Y. and Chen E.Y.H. Schizophrenia, *Textbook in Psychiatry for Asia*, 2006, Chiu EYK, Chiu HFK, Kua EHK, Xin Y, Peking University Medical Press
9. Hui L.M.C., Chen E.Y.H., Kan C.S., Yip K.C., Law C.W. and Chiu C.P.Y. Anti-psychotics adherence among out patients with schizophrenia in Hong Kong, *The Keio Journal of Medicine*, 2006, 55 no. 1, 9-14
10. Hui L.M.C., Chen E.Y.H., Kan C.S., Yip K.C., Law C.W. and Chiu C.P.Y. Detection of non-adherent behavior in early psychosis, *Australian and New Zealand Journal of Psychiatry*, 2005, 40, 446-451

Awards

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| 2006 | Yao Yiu Sai Memorial Fund Prize for Best Part 3 Candidate
Hong Kong College of Psychiatrists Fellowship Examination |
| 2003 | Yao Yiu Sai Memorial Fund Prize for Best Part 2 Candidate
Hong Kong College of Psychiatrists Fellowship Examination |

Memberships

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| 2008 – present | Vice-chairperson, Hong Kong Schizophrenia Research Society |
| 2006 – present | Treasurer, Asian Network for Early Psychosis |
| 2005 – present | Editorial Board Member, Hong Kong Journal of Psychiatry |
| 2006 – present | Committee Member, Hong Kong Early Psychosis Intervention Society |
| 2005 – present | Committee Member, Working Group on Remission and Recovery, Hong Kong Schizophrenia Research Society |
| 2005 – 2008 | Secretary, Hong Kong Schizophrenia Research Society |
| 2004 – 2005 | Committee Member, Hong Kong Schizophrenia Research Society |