

Update on Diabetes Management

A Certificate Course for Clinicians

26-27 November 2011

Cheung Kung Hai Conference Centre
Li Ka Shing Faculty of Medicine
The University of Hong Kong
Sassoon Road, Hong Kong

- ❖ **Diagnosis of diabetes, what is new?**
- ❖ **Conventional and novel anti-diabetic drugs**
- ❖ **Insulin therapy: Practical issues**
- ❖ **Multi-disciplinary management of diabetic complications**
- ❖ **Dietary and interventional therapy for obesity in diabetes**
- ❖ **Cardiovascular diseases and diabetes**

Faculty

Dr Carmen WS Chan	Dr Felix FK Li
Dr CH Choi	Prof David SH Wong
Dr WS Chow	Mr Michael HF Yam
Prof KM Chu	Ms Amy SW Yee
Dr Joanne KY Lam	Dr CY Yeung
Dr KF Lee	Ms Emily WC Yeung
Dr KK Lee	Ms Eva CK Yuen
Dr Paul CH Lee	Dr Michele MA Yuen
Ms Cynthia SY Leung	

Organizing Committee

Prof Karen SL Lam (Director)
Dr YC Woo (Chairman)
Dr WS Chow
Dr Joanne KY Lam
Dr Paul CH Lee
Ms Elaine LY Leung
Ms SK Leung
Prof Kathryn CB Tan
Ms Karen KC Wong
Dr CY Yeung
Dr Michele MA Yuen

Co-organized by KK Leung Diabetes Centre, Queen Mary Hospital and
Research Centre of Heart, Brain, Hormone and Healthy Aging, The University of Hong Kong

CME Accreditations for two days conference:

College of Family Physicians	8 points
College of Obstetricians & Gynaecologists	4, 6 points
College of Ophthalmologists	4 points
College of Physicians	4, 6 points
College of Surgeons	10 points
MCHK CME Programme (Including Department of Health, HK Doctors Union, HK Academy of Medicine and the HK Medical Associations)	10 points



Enquiries : Ms Gigi Wong

Tel: 2559 9973 Fax: 2547 9528 Email : udm2011@icc.com.hk

<http://www.hku.hk/medicine/udm.htm>, <http://www.hku.hk/hbha>

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WELCOME MESSAGE FROM THE DIRECTOR

Prof. Karen Lam

The prevalence of diabetes is rising worldwide, by about 3% per annum, with a total of 366 million cases expected by 2030. In Hong Kong, diabetes is a common health problem affecting one in ten adults. Over the past decade, the advent of new diagnostic criteria, the development of novel anti-diabetic agents and the advances in monitoring systems and treatment devices have led to considerable changes in our approach to diabetes management. This course aims to equip practicing clinicians with the most updated information and knowledge on the provision of comprehensive diabetes care. Specialists will be invited to share their expertise on various aspects of diabetes management with our participants so that they, in turn, can help their patients to achieve optimal metabolic control and reduce the risk of long-term complications. Emphasis will be placed on an interactive approach and a hands-on learning experience. We cordially invite you to join in this enjoyable weekend course.

Course Outline

- Diagnosis of diabetes, what is new?
- Conventional and novel anti-diabetic drugs
- Insulin therapy: Practical issues
- Multi-disciplinary management of diabetic complications
- Dietary and interventional therapy for obesity in diabetes
- Cardiovascular diseases and diabetes

Entry Requirement

Open to all local / overseas general practitioners or specialists and healthcare providers with active involvement in diabetes management.

Time and Venue

26 November 2011 (Sat) 12:45pm to 5:45pm
27 November 2011 (Sun) 8:45am to 3:30pm

Venue: Cheung Kung Hai Conference Centre,
Li Ka Shing Faculty of Medicine,
The University of Hong Kong

Accreditation

Certificate of attendance will be awarded to participants upon completion of the course. Relevant CME points will be accredited. Please check our website for full list of colleges.

Course Fee

Full Registration: HK\$1,500

Day Registration: HK\$800

Closing Date for Application: 31 October 2011

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26 November 2011 (Sat)

- 12:45-13:00 Registration
- 13:00-14:30 Lunch
Hands-on Workshops:
Living with Diabetes
- (1) *Complications Assessment*
Retinal Photo / Foot Assessment /
Body Fat Analysis / Desktop
HbA1c
- (2) *Diabetes Self-Management
Education (DSME)*
Glucose Meters / Insulin
Appliances / Education Materials
- (3) *Dietary Advice*
Food Choices in Diabetes and
the Metabolic Syndrome
- 14:30-15:00 Diabetes Made Easy
- 15:00-15:45 Diagnosis and Classification of
Diabetes and Pre-diabetes
- 15:45-16:15 Tea Break
- 16:15-17:00 Initiation and Titration of Insulin in
Clinic Setting
- 17:00-17:45 Practical Issues on In-patient
Glycaemic Management

27 November 2011 (Sun)

- 08:45-09:00 Registration
- 09:00-09:45 Update on the Management of
Diabetic Nephropathy
- 09:45-10:30 Update on the Management of
Diabetic Retinopathy
- 10:30-11:00 Tea Break
- 11:00-11:45 Endoscopic and Surgical
Intervention for Morbid Obesity and
Metabolic Syndrome
- 11:45-12:15 All Food Can Fit - Also for Diabetic
Patients?
- 12:15-14:00 Lunch Symposium:
Update in Anti-diabetic Drugs in
Type 2 Diabetes
- 14:00-14:45 How to Choose the Best
Investigational Tool for your DM
Patients with Suspected
CAD?...Illustrated by a Mix of
Moderated Cases
- 14:45-15:30 Management of Diabetic
Dyslipidaemia

Registration Form

Update on Diabetes Management (A Certificate Course for Clinicians)

Title: Prof. / Dr. (Please delete as appropriate)

Name: (English) _____

(Chinese) _____

Institution/ Dept: _____

Mailing Address: _____

Tel: _____ Fax: _____

Email: _____

Fee (Non-refundable)

- Full Registration HK\$1,500
 Day Registration HK\$800
 26 November 2011
 27 November 2011

Closing date for application: 31 October 2011

Web: <http://www.hku.hk/medicine/udm.htm>

Enquiry: Ms. Gigi Wong

Email : udm2011@icc.com.hk

Tel: 2559-9973 Fax: 2547-9528

This form together with a crossed cheque payable to
“**Queen Mary Hospital**” should be returned to:

c/o International Conference Consultants Ltd
Unit C-D, 17/F., Max Share Centre,
373 King's Road,
North Point, Hong Kong