

## **HKU Phoenix Club Provides Community-based Rehabilitation Services to the Psychiatric Rehabilitated People**

Various degrees of mental problems are affecting people especially those who are unable to manage pressure in their daily lives. After receiving medical and counselling services, these people need comprehensive rehabilitation services to help them return to school or to the work force.

The Phoenix Clubhouse, under the auspices of the University of Hong Kong and the Queen Mary Hospital, have been providing community-based rehabilitation services in the form of clubhouse model to the rehabilitated people with very positive results. On the other hand, in view of increasing demand of such services in the Chinese-speaking communities around the world, the Phoenix Clubhouse has taken a step forward by jointly conducting the first Orientation Programme in the Clubhouse Model for Psychosocial Rehabilitation with the International Center for Clubhouse Development (ICCD) in September 2005. Through the programme, the participants understood the characteristics of a clubhouse and found the programme very practical and helpful in helping them setting up a clubhouse in their regions.

Website of Phoenix Clubhouse: <http://www.phoenixclubhouse.org/>