

Effective Rate of Acupuncture Treatment for Stroke Patients Reaches 92%

Stroke is the third commonest killer disease in Hong Kong and has “three high and one low” characteristics, which are high incidence rate, high morbidity rate, high death rate and low recovery rate. Most of the stroke patients are left with one-sided paralysis, seriously affecting their personal and family life, psychological health and work. The situation also puts heavy financial pressure on the social medical system.

A study conducted by the School of Medicine, the University of Hong Kong was carried out among 61 stroke patients who received a 3-month standard acupuncture and Chinese Medicine treatment during 2000-2005. Acupuncture was mainly applied, accompanied by Chinese Medicine and the proactive exercise of the patient’s defected limbs in the course of treatment. The result is very encouraging that the treatment works effectively for 92% of the patients, in which 15% is fully recovered. Stroke patients are strongly recommended to seek the treatment as soon as they pass critical condition in order to increase the rate of complete recovery.