

Common Problem among Women who Marry Late

Endometriosis is commonly found among women, owing to the trend of late marriages and late maternal age. About 1% of women suffered from endometriosis and 50% of them would relapse after treatment.

Women start menstruation in the period of puberty. Endometrial tissues will be excreted through vagina during menstruation. Endometriosis occurs when endometrial tissues cannot leak out and stick outside uterus, such as pelvic cavity, ovary or muscles of uterus. Lesion may occur and these tissues may form a cyst inside the ovaries.

Causes of the diseases remain unknown, but the counter flow of blood during menstruation might be one of the reasons. Risk factors of endometriosis are late marriage, low immunity or inherent reason. Its symptoms include severe pain during menstruation, abdominal pain and infertility.

Since ultrasound scan may not find its diagnosis, laparoscopy is the effective way for check-up and clearance of endometrial tissues. This treatment can minimize its wound without any adhesion. Yet, patients may relapse because of continuous ovulation and menstruation, so carrying babies is highly recommended for married women, which can naturally stop menstruation and reduce endometriosis tissues.

Amenorrhea, contraceptive injection or oral contraceptives can be also applied for treatment, but some menopause symptoms might occur, including sweating, dry vagina, osteoporosis, insomnia, back pain or bad temper.