

Table 1. Effectiveness of the psychosocial intervention for the parent

	Treatment Group		Control Group		Time Effect		Time x Group Effect	
	T0	T1	T0	T1	Significant Difference		Significant Difference	
Holistic Wellbeing Scale								
Non-attachment	32.78	33.62	33.23	32.06	0.740		0.048	Yes
Afflictive emotion	24.64	23.5	24.83	24.3	0.102		0.557	
Afflictive sensation	24.17	21.72	22.45	23.12	0.089		0.003	Yes
Afflictive ideation	12.92	12.40	12.39	13.67	0.304		0.016	Yes
Mindful awareness	28.64	29.00	29.46	28.63	0.617		0.212	
General vitality	22.94	24.38	24.32	23.44	0.480		0.004	Yes
Spiritual self-care	17.42	17.46	16.96	16.53	0.545		0.473	
Dermatitis Family Impact	14.56	10.11	15.12	13.06	0.000	Yes	0.001	Yes
Perceived Stress Scale	21.80	18.78	21.65	21.12	0.000	Yes	0.000	Yes
Depression (By Patient Health Questionnaire)	6.88	5.31	6.21	6.62	0.029	Yes	0.000	Yes
Anxiety (By General Anxiety Disorder)	6.36	4.74	5.99	6.4	0.040	Yes	0.001	Yes

Table 2. Effectiveness of the psychosocial intervention for the children with eczema

	Treatment Group		Control Group		Time Effect		Time x Group Effect	
	T0	T1	T0	T1	Significant Difference		Significant Difference	
Children's Dermatology Life Quality Index								
Symptoms and feelings	2.45	1.75	2.35	1.8	0.000	Yes	0.483	
Leisure	2.22	1.29	2.25	1.72	0.000	Yes	0.088	
School or holidays	0.61	0.47	0.7	0.57	0.028	Yes	0.882	
Personal relationships	0.94	0.58	0.98	0.79	0.003	Yes	0.363	
Sleep	1.32	1.05	1.44	1.12	0.000	Yes	0.736	
Treatment	0.96	0.64	0.9	0.68	0.000	Yes	0.477	
Disease quality of Life Questionnaire								
Activities	10.7	7.87	11.87	10.52	0.007	Yes	0.329	
Symptoms	20.98	15.69	24.65	21.6	0.006	Yes	0.455	
Emotions	3.26	2.54	4.45	3.73	0.027	Yes	0.993	
Patient-Oriented Eczema Measure	15	11.98	16.18	13.82	0.000	Yes	0.629	

Remarks: T0 as baseline measurement; T1 as six weeks after T0